

PI BETA PHI'S PARADISE CAFÉ

LUNCH MENUS FROM October 12th THROUGH November 27

| Week of | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|--|--|---|--|---|
| October 12-16 | Chicken Sandwich Fries | Hot Dogs on Bun Chili | Big Daddy's Pizza Or Salad Bar | Deli Ham Slices Roasted Potatoes Green Beans Homemade Bread | Choice of Pulled Pork or Turkey Macaroni & Cheese Homemade Bread |
| October 19-23 | Taco Nachos | Toast Cheese Sandwich Veggie & Beef Soup | Big Daddy's Pizza Or Salad Bar | Chicken Tender Creamed Potatoes Homemade bread Green Beans | No School |
| October 26-30 | Corn Dog Nuggets Baked Beans | Cheese sticks and Marinara sauce Fresh salad | Big Daddy's Pizza Or Salad Bar | Baked Potato Bar with choice of toppings | Toast Cheese Sandwich Chili & Chips |
| November 2-6 | Cheeseburger Fries | BBQ Chicken Sandwich Chips | Big Daddy's Pizza Or Salad Bar | Breaded Fish Potato Wedges Cornbread Pinto Beans Cole Slaw | Breakfast Items for Lunch |
| November 9-13 | Toasted Cheese Sandwich & Homemade Chicken Noodle Soup | Big Daddy Pizza Or Salad Bar | No School Inservice for Teachers | Salisbury Steak and Gravy Mashed Potatoes Homemade Bread | Deli Sliced Ham & Cheese Sandwich with Fries Corn on cob |
| November 16-20 | Chicken Sandwich Fries | Homemade Spaghetti with Breadsticks | Big Daddy's Pizza No Salad Bar | Thanksgiving Meal Turkey & Dressing | Hot Dogs on Bun Chili |
| November 23-27 | Cheeseburger Fries | Big Daddy's Pizza No Salad Bar | Dismissal at 11:30a Cafeteria not open | Thanksgiving Holiday | Thanksgiving Holiday |

ADDITIONAL INFORMATION FROM FOOD SERVICES

- The next series of lunch menus will be sent home on **October 7**.
- I continue to encourage all parents to pay for lunches in advance such as 5-10-15-etc.** days, if this is possible. Prepayment helps to ensure that parent money is appropriately spent in the cafeteria. Our breakfast/lunch computer system is amazingly accurate and prevents many misunderstandings parents might have about cafeteria expenditures.
- Waste.** It is very important that students learn the importance of not wasting food. I continue to be shocked at the amount of food that is wasted daily. We encourage our students to get the foods that they will eat. Please discuss this topic at home and support the school in its effort to cut back on food waste.
- With very few exceptions Wednesdays are "pizza day."
- Our cafeteria endeavors to introduce new menu items each year. Do you have ideas that you would like to share with our cafeteria manager?
- Please remember that breakfast is served daily from 7:30 AM until 7:50 AM. I recommend that all parents ensure that their children eat breakfast at home OR arrive at school early in order to eat breakfast. A hungry child is unable to focus on instruction or to perform up to his/her potential.**
- The USDA requires that we make available for breakfast: protein, bread, milk, and fruit (juice). Everyday we have available sausage biscuit, cold cereal, milk/juice, yogurt, and fresh fruit(most days, if available). We feature these items on the following days:**
Mondays: Biscuit with sausage and gravy **Tuesdays: Bacon, Egg, and Cheese Biscuit**
Wednesdays: Chicken Biscuit **Thursdays: Sausage and Egg Biscuit**
Fridays: French Toast Sticks with Syrup

Glenn Bogart, Principal
glennbogart@sevier.org

Alberta Ramsey, Food Service Manager
albertaramsey@sevier.org