

PI BETA PHI'S PARADISE CAFÉ

LUNCH MENUS FROM AUGUST 17 THROUGH OCTOBER 9

Week of	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 17 -21	Cheeseburger Fries	Taco Nachos	Big Daddy's Pizza or Salad Bar	Chicken Alfredo With Broccoli	Ham, Cheese, Bacon On Croissant with Hashed Browns
Aug 24-28	Cheese Sticks Marinara Sauce	Spaghetti & Salad Homemade Rolls	Big Daddy's Pizza or Salad Bar	Salisbury Steak Gravy Homemade Rolls	Pork Roast Macaroni & Cheese Bread Sticks
Aug 31-Sep 4	Chicken Fajitas	Hot Dog on Bun Chili	Big Daddy's Pizza Or Salad Bar	Stromboli (Ham & Cheese)	NO SCHOOL
Sept 7-11	NO SCHOOL	Cheeseburger Fries	Big Daddy's Pizza or Salad Bar	Breakfast Foods for Lunch	Turkey & Gravy Homemade Rolls
Sept 14-18	Chili with Melted Cheese Sauce & Chips	Salisbury Steak and Gravy Homemade Rolls	Big Daddy's Pizza or Salad Bar	Breaded Beef Nuggets with Au gratin Potatoes	Hot Dog on Bun Chili
Sept 21-25	Chicken Sandwich Fries	Taco Nachos	Big Daddy's Pizza Or Salad Bar	Breaded Fish with Pinto Beans, Potato Rounds, Cole Slaw Cornbread	Corn Dog Nuggets Baked Beans
Sep 28-Oct 2	Cheese Sticks Marinara	Spaghetti Green Beans Homemade Rolls	Big Daddy's Pizza or Salad Bar	Egg Roll on bed of Rice & Veggies	Chicken Fajitas
October 5-9	Cheeseburger Fries	Toasted Cheese Sandwich with Veggie soup	Big Daddy's Pizza Or Salad Bar	Chili With Melted Cheese Sauce Chips	Breakfast Foods for Lunch

ADDITIONAL INFORMATION FROM FOOD SERVICES

- The next series of lunch menus will be sent home on **October 7**.
- I continue to encourage all parents to pay for lunches in advance such as 5-10-15-etc.** days, if this is possible. Prepayment helps to ensure that parent money is appropriately spent in the cafeteria. Our breakfast/lunch computer system is amazingly accurate and prevents many misunderstandings parents might have about cafeteria expenditures.
- Waste.** It is very important that students learn the importance of not wasting food. I continue to be shocked at the amount of food that is wasted daily. We encourage our students to get the foods that they will eat. Please discuss this topic at home and support the school in its effort to cut back on food waste.
- With very few exceptions Wednesdays are "pizza day."
- Our cafeteria endeavors to introduce new menu items each year. Do you have ideas that you would like to share with our cafeteria manager?
- Please remember that breakfast is served daily from 7:30 AM until 7:50 AM. I recommend that all parents ensure that their children eat breakfast at home OR arrive at school early in order to eat breakfast. A hungry child is unable to focus on instruction or to perform up to his/her potential.**
- The USDA requires that we make available for breakfast: protein, bread, milk, and fruit (juice). Everyday we have available sausage biscuit, cold cereal, milk/juice, yogurt, and fresh fruit(most days, if available). We feature these items on the following days:**

Mondays: Biscuit with sausage and gravy
Wednesdays: Chicken Biscuit
Fridays: French Toast Sticks with Syrup

Tuesdays: Bacon, Egg, and Cheese Biscuit
Thursdays: Sausage and Egg Biscuit

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